

MOTHER NATURE CONSERVATION SADO ISLAND JAPAN - WEEKLY GROUP ACTIVITY SAMPLE PLAN

	Monday	Tuesday	Wednesdays	Thursday	Friday	Saturday	Sunday
8:30	----- Breakfast ----- at Koninji Temple						
9:00-12:00	Collecting herbs in the forest with herbalist	Community work at Koninji temple	Management of biotope and community farm work in Iwakubi	Community work at Chokokuji temple (Rabbit temple)	Community work at Koninji temple	Providing bamboo handcraft workshop to local school children	Work on Ogura Ricefields with Rice Farmer Cooperative
13:00	----- Lunchbox (obento) ----- taken at the project location						
14:00-17:30	Making herbal tea blends (drying, processing)	Bamboo handcraft training	Management of biotope and community farm work in Iwakubi (continued)	Community work at Chokokuji temple (Rabbit temple) – and tour of temple (continued)	Beach Cleaning (Sobama Beach) – spending sunset on the beach	At leisure – Optional Excursions	At leisure – Optional Excursions
17:30	Return to Koninji temple						
19:00	----- Dinner ----- at Koninji Temple						
<i>Comment</i>	<i>Arrival Day of new volunteers + Departure Day. Please check board for shuttle departure times.</i>	New volunteers: <i>Orientation at 9am</i>	<i>Please tidy up your tent/room at night!!</i>	<i>Arrival Day of new volunteers + Departure Day. Please check board for shuttle departure times.</i>	New volunteers: <i>Orientation at 9am</i>		<i>Please tidy up your tent/room at night!!</i>

Please note that this is a sample plan which can be changed at any time.